

90iPLEDGE CHRONICLES



STAYING SAFE

BY KRISHNAV MANGA

During these tough times, it is important to stay safe. The best way to stop the spread of the coronavirus is through social distancing. This means staying at least 6 feet away from others. Trying not to leave the house unless it is essential. Please avoid gatherings of more than 10 people. Of course, social distancing only means physical distancing - You and your friends can always call or text each other, so utilize your technology so that you do not have to be close to other people. If you must be in an area with other people for reasons such as grocery shopping, make sure to stay at least a few feet away from others. If possible, when going out, wearing a mask can be extremely beneficial. Washing hands thoroughly is effective. When washing hands, please make sure to use hot water and soap to kill germs that may be on your palms.

Also, make sure you scrub under your fingernails and between your fingers to remove dirt. Ensure to wash your hands for at least 20 seconds. Another way to help your safety is to avoid touching your face. Even after washing hands, your hands may still have germs and touching your face or mouth can spread the germs across your whole body. That's why it is important to be always aware of where your hands are. While you all may not be heavily affected by the coronavirus, there is always a risk of exposure and a chance to infect others. The coronavirus may not seem deadly, but there is a chance that your immune system may be sub-par. The bottom line is, this disease is not something to joke about, as it could be potentially dangerous. Through the techniques included, you can ensure that you stay safe during the coronavirus pandemic.

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Editor's Corner:

BY RISHA MANGA

Hey guys. So Krishnav and I decided to start an online newsletter. And you may be wondering why now? In the midst of everything going on during these unprecedented times, why now? Well, I believe the best time is now. With everything going on in the world around us today, we may be distanced but we still have the ability to connect. One of the great things about having a strong sense of community is that no matter where we are, we can connect with ease. And that is why we wanted to start this newspaper/e-magazine-to connect and to provide a platform for us all to share our fears, ideas, thoughts, jokes, recipes, brain teasers, and so on. I know that quarantine is rough but hang in there and I can't wait till I see you in person soon! During quarantine, days can be really stressful and boring as well. I know that we can't do much, but it's important to remember to do the things you love. And if that isn't possible at this time, find a new hobby, channel in a new passion. Find something that you used to love but stopped because you were busy. Take this time to discover yourself and your passions. I know, for me personally, when quarantine wasn't a thing I used to love hanging out with my friends. Now since due to "social distancing" hanging out is a distant dream, I have started to paint and do artwork. Painting is something I have always enjoyed, yet because of the added stress and workload of school, I forgot about it. Now, I have the chance to sit back and enjoy something I have always loved and I hope you can find the same peace with a new or renewed hobby. Remember, take this time to focus on you and your loved ones.

-Risha Manga



OREO'S TRUFFLES

RECIPE BY SHANAYA POKHARNA

Oreo Truffles Recipe

- 1 (16 ounce) pack of Oreos.
- 1 (8 ounce) pack of cream cheese
- 2 (8 ounce) packs of semi sweet melted chocolate chips

Crush 9 Oreos into fine crumbs and reserve for later. Finely crush the remaining Oreos and put them in a medium sized bowl. In the bowl mix in the cream cheese until well blended. Roll the mixture into balls (size of your choice). Dip the balls into the melted chocolate and place on parchment paper. Sprinkle the reserved cookie crumbs onto the Oreo balls. Refrigerate until the truffles are firm for about 1 hour. Take out and enjoy your Oreo Truffles!



Method:

Brush olive oil on each pita bread. Spread sauce on top of the pita. Sprinkle the shredded cheese. Sprinkle onion & bell peppers. Sprinkle dried herbs or add any toppings you'd like. Place on baking sheet & bake for 5-7 minutes at 400°, or until cheese is melted (times may vary). Broil for 1 minute. Sprinkle red pepper flakes and enjoy!



BRAIN TEASERS

BY MANASI RAVINOOTALA

The name of a country is hiding in the consecutive letters within a sentence.

For example, FRANCE is hiding in the sentence:

"The runners who lived at the top of the cliff ran centuries ago".
(cliff RAN CEenturies)

Find the name of the country hiding in the consecutive letters within these sentences:

1. You all must pay it back, or each of you will be in trouble.
2. Was Doctor Dolittle's favorite animal a glib yak?
3. A true optimist will never let hope rush away.
4. How often can a daydream come true?
5. Is there a health spa in this hotel?
6. They are going in diametrically opposite directions.
7. Is the county fair a nice place to visit?
8. The foot with which I lead is my left one.
9. He owns a ranch in Arizona.
10. The foods we deny ourselves are usually tasty.
Happy thinking!
Answers on page 4

Puzzle 2:

These are 15 words which we see daily in news . Unscramble & correct the spelling ...

- *01. Orovacrusin**
02. Hunaw**
03. Mayhoest**
04. Fasstaye**
05. Danmice**
06. Knowdcol**
07. Fecruw**
08. Siovepit**
09. Ongasidis**
10. Kerbauto*
11. Ascemfak**1
2. Losiontia**
13. Ratinquaen**
14. Gaetvien**
15. Niashatinzerd*

PITA BITES

BY NANDINI RAVINOOTALA

Doesn't everybody love food! I don't know about you, but I love food. Anyway, today I will be giving you 1 very quick and yummy recipe and I'm sure, you are going to love it!

PITA BITES (Serves 1)

Ingredients:

- mini Pita Breads (Costco)
- 2 tablespoons of pizza sauce
- 1 tablespoon olive oil
- ½ cup mozzarella cheese shredded.
- ½ cup Bell Peppers (all colors - finely chopped)
- ½ cup Onions (finely chopped)
- Dried herbs (oregano, basil, garlic powder)
- Red Pepper flakes (optional)

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ARTWORK BY SHANAYA AND RISHAAN POKHARNA

ISOLATION

BY UMA SATPUTE

It was like any other night when I went to bed with a plan to wake up early to spend a regular day at school. That night, I had a nightmare where the world was being taken over by a deadly virus, the people were confined to their homes, schools, offices, shops, and restaurants were closed and the world had come to a grinding halt. The terrible images broke my slumber, only to learn that it was no nightmare. The COVID-19 pandemic has been a catastrophe of epic proportions. With 2,000,000 cases and a death toll of over 100,000 so far, it is unlike any other disaster. COVID-19 has affected people's lives in a number of ways. First, there is a fear to catch the illness, transmitted from someone else. Since avoiding sick contacts halts the spread of the disease, isolation and social distancing have become the key prevention strategies.

This very requirement has caused a great deal of distress to our inherently social human race. Not being able to talk to friends in person, go to public places, or even hug a family member creates a doleful sadness that only isolation can cause. Moreover, job losses have created enormous financial burdens on individuals and their families. As a result, the pandemic has brought the global economy into complete turmoil. It is easy to get wrapped up into these negativities that can take a toll on a healthy body and mind. An optimistic attitude is the key to coming out of the COVID-19 crisis unscathed.

The first step is to recognize a few welcome changes caused by the pandemic. Being a family of 4 very busy personalities, the time had never been on our side. During a regular week, my sister and myself would spend entire days at school and the evenings would just fly by doing homework and chores around the house.

One of the greatest ways to utilize this time is to pursue one's hobbies. I have been able to read several interesting books. With the power of e-books, finding new titles to browse through has not been difficult. In addition, baking with a parent and painting and sketching together with the whole family have been some of the highlights of my time at home. In fact, my goal to create a perfect strawberry cupcake has been closer than ever before. My sister has been staying occupied as well, with her newfound love for jumping rope, and solving any puzzle she can get her hands on. Adults such as my father who always found longing for more time at home, has been able to spend time on home improvement projects, spring cleaning, and gardening. Emphasizing on home-made food, my mother has been taking pride in serving us oven-fresh bread on a daily basis. *..Continued on next page.....*



ARTWORK BY MEERA SATPUTE

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When the world stayed apart, this was
my favorite place to be.



GALAXY BY SANA DHANKAR

ISOLATION

BY UMA SATPUTE
...Continued

One of the biggest advantages has been how the family has had to spend time together strengthening ties with one another. Family time improves one's interpersonal relationships, social skills, and empathy toward others. The bonds one has with family are unbreakable. They can and should be strengthened with every opportunity given to do so. Our family activities have included outdoor play in the backyard, cooking, sharing a meal, and playing board games. Being in the midst of the catastrophic pandemic does not, and never will, mean the end of learning. In fact the pandemic has compelled us into entering a new era of learning using technology.

For me, schoolwork now means logging onto the computer in the morning, having video conferences with teachers, completing the online assignments, and emailing the teachers with any questions. Watching television can be a learning experience too, provided it consists of documentaries and acclaimed movies with good morals.

Some of the unforeseen benefits of mandatory lockdown have been having fewer cars on the road, causing improved air quality, and fewer airplanes, helping preserve the precious ozone layer.

These unprecedented times of the COVID-19 pandemic will go down in the darkest pages of history, but we have to treat this global crisis with a positive outlook. With the smart choices we make today, we can provide a silver lining to one of the greatest tragedies of our times.



Answers- Puzzle 11. Korea 2. Libya3. Peru4. Canada5. Spain6. India7. Iran8. Chile9. China10. Sweden

Answers : Puzzle 2 . Coronavirus2. Wuhan 3. Stay Home4. Stay Safe5. Pandemic6. Lockdown7. Curfew8. Positive9. Diagnosis 10. Break Out11. Face Mask12. Isolation 13. Quarantine 14. Negative 15. Hand Sanitizer

901PLEDGE Chronicles is a humble effort by the youth to provide a platform for the youth to share their vision, talents, and thoughts. Please send your stories to 901pledge@gmail.com for a chance to be featured.

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Quarantine

I	D	E	A	T	H	C	C	M	A	D	P	S	M
E	T	S	U	R	I	V	A	N	O	R	O	C	S
R	B	I	B	A	D	M	O	T	P	M	Y	S	H
Y	T	T	A	C	O	E	T	Q	V	T	S	E	O
N	A	I	A	A	C	E	C	U	R	R	V	N	S
Q	I	H	H	M	T	R	A	O	E	A	H	I	P
Y	C	M	R	E	O	A	C	O	T	A	C	T	I
A	H	O	A	R	R	R	D	R	A	A	O	N	T
T	I	N	N	I	N	S	O	R	B	U	T	A	A
E	N	N	P	C	T	P	M	R	R	A	C	R	L
R	A	R	L	A	O	O	A	I	T	I	O	A	R
P	H	Q	S	A	N	T	M	D	T	Q	R	U	S
E	A	T	I	P	N	T	T	R	U	M	P	Q	A
H	E	A	E	U	C	O	A	A	R	M	T	I	N

SYMPTOM
AMERICA
DOCTOR
CHINA
HOSPITAL
CORONAVIRUS
DEATH
TRUMP
QUARANTINE
BAT

Play this puzzle online at : <https://thewordsearch.com/puzzle/1055506/>

WORD SEARCH BY KRISHNAV MANGA



DOUBLETREE COOKIE RECIPE

COURTESY HILTON NEWSROOM

For the first time ever, DoubleTree by Hilton is sharing the official bake-at-home recipe for the brand's beloved and delicious chocolate chip cookie, so at-home bakers can create the warm and comforting treat in their own kitchens. The warm chocolate chip cookie welcome is synonymous with DoubleTree hotels worldwide, and travelers look forward to receiving one, fresh from the oven, upon their arrival. DoubleTree cookies have a passionate fan following and a long history. More than 30 million are consumed every year, and the DoubleTree chocolate chip cookie even became the first food to be baked in orbit during experiments aboard the International Space Station.

Watch out this space for more recipe reveals from big brands

DoubleTree Signature Cookie Recipe
Makes 26 cookies
½ pound butter, softened (2 sticks)
¾ cup + 1 tablespoon granulated sugar
¾ cup packed light brown sugar
2 large eggs
¼ teaspoons vanilla extract
¼ teaspoon freshly squeezed lemon juice
2 ¼ cups flour
1/2 cup rolled oats
1 teaspoon baking soda
1 teaspoon salt
Pinch cinnamon
2 2/3 cups Nestle Tollhouse semi-sweet chocolate chips
1 3/4 cups chopped walnuts

Cream butter, sugar and brown sugar in the bowl of a stand mixer on medium speed for about 2 minutes.

Add eggs, vanilla and lemon juice, blending with mixer on low speed for 30 seconds, then medium speed for about 2 minutes, or until light and fluffy, scraping down bowl
With mixer on low speed, add flour, oats, baking soda, salt and cinnamon, blending for about 45 seconds. Don't overmix. Remove bowl from mixer and stir in chocolate chips and walnuts. Portion dough with a scoop (about 3 tablespoons) onto a baking sheet lined with parchment paper about 2 inches apart. Preheat oven to 300°F. Bake for 20 to 23 minutes, or until edges are golden brown and center is still soft. Remove from oven and cool on baking sheet for about 1 hour.

Courtesy:
<https://newsroom.hilton.com/static-doubletree-reveals-cookie-recipe.htm>